

# MEMO

Care of Psychiatric OB Patient

March 1, 2018

**Purpose:**

Providing safe environment for the pregnant patient and the fetus and meet required level of care for an OB patient with acute behavioral needs from the perspective of medicine, obstetrics, and psychiatry.

**Guidelines:**

**Patients presenting to Arlington Campus within gestational age of 1-28 weeks**

1. RUHS MC Arlington Campus may provide care to pregnant patients with acute behavioral health diagnosis until 28 weeks of gestation (estimated time of medical screening exam by LMP and pregnancy wheel at ETS). Ultrasound may be required if dates are uncertain and patient condition infers pregnancy at or >28 weeks and patient is to be admitted.

**Patients presenting to Arlington Campus ETS at gestational age 28 weeks and beyond**

1. Psychiatrist assessment is completed;
  - a. **If disposition is to discharge d/t psychiatric condition:**
    - i. The ETS psychiatrist will make the determination if the patient needs to be evaluated for pregnancy issues.
    - ii. If deemed by psychiatrist that patient may require additional medical evaluation and/or clearance, a call will be placed to OB Resident/Attending for case discussion and determination if patient admission and/or continued evaluation is required.
    - iii. Patient may be discharged from ETS if no further care recommended after OB consult.
  - b. **If disposition is to admit with a psychiatric diagnosis:**
    - i. Psychiatrist will contact the on-call Internal Medicine physician covering ITF/ETS of the patient needing transfer.
    - ii. Nurse to nurse report will be given by ETS nurse to post-partum nurse.
    - iii. Patient to be a direct admit to RUHS MC Moreno Valley post-partum unit under Internal Medicine Department provider and obtain OB/GYN consult upon arrival with follow up as needed.
    - iv. Psychiatric Consult Liaison Service (PCLS) team daily follow up until discharge.
    - v. A patient safety attendant (PSA) MUST be assigned for 1:1 continued visual patient observation regardless of legal status.

**Protocol for ITF Inpatient Transfer**

1. The psychiatrist will make a determination for transfer to RUHS Moreno Valley Campus for psychiatric care after telephonic Physician to Physician discussion with the on-call Internal Medicine physician (covering ITF/ETS).
2. The on-call Internal Medicine physician (covering ITF/ETS) will either personally place the basic direct admission orders, or if not readily available, will call the RUHS MC Admission Hospitalist to place the basic direct admission orders.
3. The Charge nurse of the transferring unit will notify the Arlington Duty Officer at (951) 467-7492 who contacts RUHS MC House Supervisor with patient information and request for a direct admit bed. Patient will remain at ETS, under 1:1 supervision until medical bed is acquired.
4. The antepartum patients will be placed in the Women's Department as a first preference. In rare circumstances, they may be placed on medical-surgical units.

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- a. The admitting unit at RUHS-Medical Center will contact the admitting Internal Medicine physician (at handset x 18012) of the patient's arrival. The admitting physician will do an H&P and complete the remaining admission orders, as well as consult the OB service for antepartum supportive care.
  - b. When the patients are placed on medical-surgical units, OB will consult and order NST's as appropriate. OB nurses will check NST's every shift as ordered.
  - c. The patient will be transferred to the OB service at 38 weeks gestation
5. Arlington Campus transferring unit will arrange for patient transport to RUHS MC post-partum unit nurse to nurse report.
  6. Patient's level of care will be maintained during transport to RUHS MC Moreno Valley.

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